



COURSE OUTLINE: NRT0130 - ADVENTURE REC 1

Prepared: Lawrence Foster

Approved: Sherri Smith, Chair, Natural Environment, Business, Design and Culinary

Course Code: Title	NRT0130: ADVENTURE RECREATION 1
Program Number: Name	1120: COMMUNITY INTEGRATN
Department:	C.I.C.E.
Academic Year:	2022-2023
Course Description:	This skills-oriented course will cover the regional outdoor adventure activities of Hiking, Stand Up Paddle Boarding, Canoeing, Kayaking and Rock Climbing. CICE students, with the assistance of a learning specialist, will research the rules and regulations surrounding adventure recreation activities in Ontario and Canada as well as best practices put forth by industry leaders from around the Specific skills pertaining to Hiking, Stand Up Paddle Boarding, Canoeing and Kayaking will be the main focus of the course and CICE students, with the assistance of a learning specialist, will have to demonstrate techniques, commands and signals for each discipline as well as maintain and repair their equipment.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
Course Evaluation:	Passing Grade: 50%, D



	A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.																
Other Course Evaluation & Assessment Requirements:	Academic success is directly linked to attendance. Missing more than 1/3 of class hours in a semester shall result in an F grade for the course.																
Books and Required Resources:	Mountaineering Freedom of the Hills - 8th edition by Ronald C. Eng Publisher: The Mountaineers Books Edition: 8 ISBN: 978-1594851384																
Course Outcomes and Learning Objectives:	Upon successful completion of this course, the CICE student, with the assistance of a Learning Specialist will acquire varying levels of skill development relevant to the following learning outcomes:																
	<table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>Demonstrate the proper types and use of clothing and equipment for related activities.</td> <td>Assemble a basic three layer clothing system Characterize the differences between and demonstrate the care of different clothing materials, fibers and insulation. Evaluate advantages and disadvantages of different types of footwear and how to care for them. Organize and pack for a multi-day trip using a detailed packing list with specific requirements</td> </tr> <tr> <th>Course Outcome 2</th> <th>Learning Objectives for Course Outcome 2</th> </tr> <tr> <td>Explain the importance of proper mental and physical preparedness and the principals of Leave No Trace camping.</td> <td>Demonstrate the physical and mental preparation. Demonstrate technical knowledge, skills, and judgment as the student gains experience. Demonstrate and explain the principals of LNT</td> </tr> <tr> <th>Course Outcome 3</th> <th>Learning Objectives for Course Outcome 3</th> </tr> <tr> <td>Explain the relative safety considerations surrounding a variety of activities such as Canoeing, Kayaking, Hiking, Biking and climbing.</td> <td>Analyze and demonstrate current safety regulations and laws as they pertain to the activities Compare current standards from a variety of outfitters and industry leaders worldwide. Demonstrate the proper use of safety equipment for all activities. Demonstrate the proper use of safety commands, signals and conventions used in each activity. Evaluate methods and techniques used by different industry leaders to mitigate risk while maintaining the elements of adventure.</td> </tr> <tr> <th>Course Outcome 4</th> <th>Learning Objectives for Course Outcome 4</th> </tr> <tr> <td>Demonstrate skills specific to each discipline.</td> <td>Asses how to pack, secure and distribute weight efficiently Demonstrate how to set up and adjust equipment Identify parts and use of equipment Repair and maintain equipment Asses and apply strokes used in kayaking and canoeing Demonstrate launching and beaching methods Apply rescue techniques for canoe, kayak and climbing Analyze correct body position</td> </tr> </tbody> </table>	Course Outcome 1	Learning Objectives for Course Outcome 1	Demonstrate the proper types and use of clothing and equipment for related activities.	Assemble a basic three layer clothing system Characterize the differences between and demonstrate the care of different clothing materials, fibers and insulation. Evaluate advantages and disadvantages of different types of footwear and how to care for them. Organize and pack for a multi-day trip using a detailed packing list with specific requirements	Course Outcome 2	Learning Objectives for Course Outcome 2	Explain the importance of proper mental and physical preparedness and the principals of Leave No Trace camping.	Demonstrate the physical and mental preparation. Demonstrate technical knowledge, skills, and judgment as the student gains experience. Demonstrate and explain the principals of LNT	Course Outcome 3	Learning Objectives for Course Outcome 3	Explain the relative safety considerations surrounding a variety of activities such as Canoeing, Kayaking, Hiking, Biking and climbing.	Analyze and demonstrate current safety regulations and laws as they pertain to the activities Compare current standards from a variety of outfitters and industry leaders worldwide. Demonstrate the proper use of safety equipment for all activities. Demonstrate the proper use of safety commands, signals and conventions used in each activity. Evaluate methods and techniques used by different industry leaders to mitigate risk while maintaining the elements of adventure.	Course Outcome 4	Learning Objectives for Course Outcome 4	Demonstrate skills specific to each discipline.	Asses how to pack, secure and distribute weight efficiently Demonstrate how to set up and adjust equipment Identify parts and use of equipment Repair and maintain equipment Asses and apply strokes used in kayaking and canoeing Demonstrate launching and beaching methods Apply rescue techniques for canoe, kayak and climbing Analyze correct body position
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Differentiate best equipment, techniques and procedures for a variety of applications

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignments	50%
Interviews	10%
Tests	40%

CICE Modifications:

Preparation and Participation

1. A Learning Specialist will attend class with the student(s) to assist with inclusion in the class and to take notes.
2. Students will receive support in and outside of the classroom (i.e. tutoring, assistance with homework and assignments, preparation for exams, tests and quizzes.)
3. Study notes will be geared to test content and style which will match with modified learning outcomes.
4. Although the Learning Specialist may not attend all classes with the student(s), support will always be available. When the Learning Specialist does attend classes he/she will remain as inconspicuous as possible.

A. Further modifications may be required as needed as the semester progresses based on individual student(s) abilities and must be discussed with and agreed upon by the instructor.

B. Tests may be modified in the following ways:

1. Tests, which require essay answers, may be modified to short answers.
2. Short answer questions may be changed to multiple choice or the question may be simplified so the answer will reflect a basic understanding.
3. Tests, which use fill in the blank format, may be modified to include a few choices for each question, or a list of choices for all questions. This will allow the student to match or use visual clues.
4. Tests in the T/F or multiple choice format may be modified by rewording or clarifying statements into layman's or simplified terms. Multiple choice questions may have a reduced number of choices.

C. Tests will be written in CICE office with assistance from a Learning Specialist.

The Learning Specialist may:

1. Read the test question to the student.
2. Paraphrase the test question without revealing any key words or definitions.
3. Transcribe the student's verbal answer.
4. Test length may be reduced and time allowed to complete test may be increased.

D. Assignments may be modified in the following ways:

1. Assignments may be modified by reducing the amount of information required while maintaining general concepts.
2. Some assignments may be eliminated depending on the number of assignments required in the particular course.



The Learning Specialist may:

1. Use a question/answer format instead of essay/research format
2. Propose a reduction in the number of references required for an assignment
3. Assist with groups to ensure that student comprehends his/her role within the group
4. Require an extension on due dates due to the fact that some students may require additional time to process information
5. Formally summarize articles and assigned readings to isolate main points for the student
6. Use questioning techniques and paraphrasing to assist in student comprehension of an assignment

E. Evaluation:

Is reflective of modified learning outcomes.

NOTE: Due to the possibility of documented medical issues, CICE students may require alternate methods of evaluation to be able to acquire and demonstrate the modified learning outcomes

Date:

August 31, 2022

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

